

The Florida

Board of Nursing

Meeting Minutes Controlled Substances Formulary Committee

Florida Hospital Association
307 Park Lake Circle
Orlando, FL

June 29, 2016 @ 9:00 a.m.



Doreen Cassarino, DNP,
ARNP, FNP-BC, BC-ADM,
FAANP
Chair

Joe Baker, Jr.
Executive Director

**Controlled Substances Formulary
Committee Agenda
Orlando, FL**

Committee Members:

Doreen Cassarino, DNP, FNP-BC, BC-ADM, FAANP (Chair)
Vicky Stone-Gale, DNP, FNP-C, MSN
Jim Quinlan, DNP, ARNP
Bernardo B. Fernandez, Jr., MD, MBA, FACP
Joshua D. Lenchus, DO, RPh, FACP, SFHM
Eduardo C. Oliveira, MD, MBA, FCCP
Jeffrey Mesaros, PharmD, JD

Attorney:

Lee Ann Gustafson, Senior Assistant Attorney General

Board Staff:

Joe Baker, Jr., Executive Director
Jessica Hollingsworth, Program Operations Administrator

For more information regarding board meetings please visit

<http://floridasnursing.gov/meeting-information/>

Or contact: Florida Board of Nursing

4052 Bald Cypress Way, Bin # C-02 Tallahassee, FL 32399-3252

Direct Line: (850)245-4125/Direct

Fax: (850)617-6450

Email: info@floridasnursing.gov

Controlled Substances Formulary

Wednesday, June 29, 2016 at 9:00 AM

Call to Order- the Committee Chair, Dr. Cassarino, called the meeting to order at 9:00 a.m.

Roll Call

Committee Members:

Doreen Cassarino, DNP, FNP-BC, BC-ADM, FAANP (Chair)

Vicky Stone-Gale, DNP, FNP-C, MSN

Jim Quinlan, DNP, ARNP

Bernardo B. Fernandez, Jr., MD, MBA, FACP

Joshua D. Lenchus, DO, RPh, FACP, SFHM

Eduardo C. Oliveira, MD, MBA, FCCP

Jeffrey Mesaros, PharmD, JD

Attorney:

Lee Ann Gustafson, Senior Assistant Attorney General

Board Staff:

Joe Baker, Jr., Executive Director

Jessica Hollingsworth, Program Operations Administrator

I. Welcome – Chair Cassarino

After calling the meeting to order, Dr. Cassarino briefly introduced herself and expressed her gratitude for being a part of the committee.

II. Introductions

Committee members and board staff briefly introduced themselves. Mr. Baker thanked Martha DeCastro and the Florida Hospital Association for allowing the committee to meet at their location in Orlando. Dr. Cassarino thanked the members of the committee for volunteering.

III. Comments by Counsel – Lee Ann Gustafson

A. Overview of Section 464.012(6), FS

Ms. Gustafson addressed that the main responsibility of the Committee is to establish a formulary for controlled substances -including medications that ARNPs may or may not prescribe, and medication only for specific uses or limited quantity. Ms. Gustafson stated the committee must make recommendations to the board in a timely manner, as the board must meet their deadline of October 31, 2016 to adopt those recommendations.

B. Overview of Sunshine Law

Ms. Gustafson explained what the Sunshine law means to the committee and all committee meetings. Mr. Baker informed the committee that all meetings will be recorded and the recordings are posted on the Florida Board of Nursing website.

IV. Comments by Rebecca R. Poston, BPharm, MHL E-FORCSE Florida's Prescription Drug Monitoring Program Program Director

Ms. Poston thanked the committee for allowing her to provide a brief update on Florida's Prescription Drug Monitoring Program. She put forth this program as an available tool to nurses and other health care professionals and went into detail regarding E-FORCSE, their web-based program that facilitates the collection, storage, maintenance, and analysis of controlled substance dispensing data. Ms. Poston informed the committee that pharmacies are currently mandated to upload all information in this program and discussed the positive results Florida has received as a result of this. Ms. Poston offered to come before the committee again to give more information from an aggregate perspective. Mr. Baker briefly described the importance of encouraging nurses in Florida to sign up for the program.

V. Examples of Formularies and Correspondence from the AANP

Dr. Cassarino briefly listed the current states that have updated formulary laws. It was pointed out that some states have very specific laws and others are much more general. General discussion ensued regarding how specific laws regarding controlled substances should be in Florida. Committee members brought forth several practice examples that were in favor and against making laws more specific.

VI. Pending State and/or Federal Rules Related to the Prescribing of Opiates (Medicaid)

Discussion ensued on how the CDC Guidelines will apply to the negative formulary for Nursing. Discussion also involved current prescribing rules from Medicine and Pharmacy and how they could help the formulary for Nursing.

VII. **Public Comment**

- Brenda Paquin, representing the Florida Health Care Association, addressed the committee and expressed the past hardship of restrictions with controlled substances on caring for patients. Ms. Paquin also expressed her excitement with the formation of the Formulary Committee and encouraged that they place no restrictions on controlled substances aside from Methadone.
- Mr. Baker read a letter from Tay Kopanos, Vice president of State Government Affairs with the American Association of Nurse Practitioners. It was requested that the committee keep formulary rules as close to the statute as possible and not be too specific.
- Mr. Baker also read correspondence from Janet DuBois, President of the Florida Nurse Practitioner Network. Dr. DuBois also requested that the committee only make recommendations to the Board based on evidence.
- Martha DeCastro with the Florida Hospital Association acknowledged how long the process has been to get to this point and expressed her gratitude for the committee and to the Florida Board of Nursing.
- Attorney Jose Diaz, representing the Florida Nurses Association also acknowledged his boss Bob Levy and Barbara Lumpkin and their hard work on this Bill over the past 25 years. Mr. Diaz also expressed his gratitude to the committee.
- Barbara Lumpkin thanked the committee for the opportunity to talk to them. Ms. Lumpkin briefly mentioned the hard work and time it took to pass this Bill. She also discussed the importance of ARNPs and Doctors coming together to care for patients. The committee thanked her for her hard work.
- Dr. Lenchus expressed concern with HCG's being used as a dietary supplement. He recommended that if the committee is allowed, they should act on this substance. Clarification was made on the difference between HGH and HCG.

VIII. **Next Meeting Date**

The committee agreed to meet again in person in the Orlando area. Ms. Gustafson informed the committee that the meeting needed to take place before the Board of Nursing meeting in August 2016. The committee agreed to give Mr. Baker recommendations of what they would like to see drafted by the next meeting. The committee agreed to meet at 2:00 p.m. on July 14th in Orlando.

IX. **Adjournment**

The meeting adjourned at 11:05 a.m.